Dr. Arwa Owais Receives Two Delta Dental of Iowa Foundation Grants

Dr. Arwa Owais, Department of Pediatric Dentistry, has received a $4,000 grant from the Delta Dental of Iowa Foundation for her research, "Bedsharing and Nighttime Oral Health Habits among WIC-Enrolled Children Study." The purpose of the one-year grant is to determine if there is a relationship between a child’s habit of bedsharing with its mother and the child’s nighttime oral health habits and subsequent risk for early childhood caries (ECC).

Data from 1500 charts will be collected from records of patients seen at the University of Iowa’s Infant Oral Health Program (IOHP) at the Johnson County Department of Public Health WIC Clinic. Dr. Owais will be principal investigator; Dr. Karin Weber-Gasparoni, head of Pediatric Dentistry, Dr. Vanessa Axelson, Pediatric Dentistry resident, and Dr. Fang Qian, Biostatistics Unit, will be co-investigators.

Dr. Owais also received a second Delta Dental of Iowa Foundation grant for her research, “Medical Management of Caries in the Primary Dentition Using Silver Nitrate: a Pilot Study.”

Dr. Dan Caplan Receives $25,000 Delta Dental of Iowa Foundation Grant

Dr. Dan Caplan, DEO, Department of Preventive and Community Dentistry, has received a $25,000 Delta Dental of Iowa Foundation grant. Dr. Caplan will be principal investigator and Dr. Cowen, Department of Preventive and Community Dentistry, will be a co-investigator and Dr. Tariq Ghazal, a PhD candidate in oral science, will also be involved with the study.

The grant money will be used for the project, “Restoration and Tooth Longevity among Nursing Home Residents: a 30-Year Retrospective Study.” The researchers will evaluate the longevity of dental restorations and teeth among nursing home residents treated by UI College of Dentistry students and faculty from 1985-2014, to determine what factors were related to restoration (or tooth) longevity. The information could be used to better inform community-dwelling, functionally dependent elderly or nursing facility residents about their restorative treatment options and potentially generate preliminary “best practice guidelines” for restorative dental care.
The one-year $25,000 grant will be used to study children having at least one primary tooth where caries extend into dentine. Children will be randomized and treated according to one of two treatment approaches: conventional caries management with best practice prevention or medical management of caries using silver nitrate with best practice prevention.

Dr. Owais will be principal investigator on this project. Co-investigators will include Drs. Michael Kanellis, Deborah Dawson, Matthew Geneser, and Karin Weber-Gasparoni, Department of Pediatric Dentistry; Gayle Gilbaugh and Cathy Skotowski, Pediatric Dentistry; Dr. David Drake, Dows Dental Research; Dr. Alberto Gasparoni, Oral Pathology, Radiology & Medicine; Wei Liu, Biostatistics Unit; Dr. Reem Oweis, dentistry fellow associate, and Dr. John Warren, both Preventive & Community Dentistry; and Dr. George Wehby, Colleges of Public Health and Dentistry (joint-appointed).

(Lef): Iowa State Senator Wally Horn; Dr. Howard Cowen, Preventive & Community; Penni Ryan, Dental Administration; and Iowa State Representative Dave Jacoby discussed the Lifelong Smiles Coalition’s initiative on the oral health needs of Iowa seniors at the Capitol on Tuesday, January 27.

Watch for the College of Dentistry’s Super Bowl Ads Featuring National Wrestling Champion Tony Ramos!

Five commercials will run Sunday between 1-4 pm during the pregame coverage.

They will also run between 5-9 pm, either after the conclusion of halftime or prior to the kickoff for the second half of the game.

There will be one commercial during the late news.

**KUDOS!** The January 2015 issue of *Journal of the American Dental Association (JADA)* includes three articles by UI College of Dentistry faculty: “Oral Health Knowledge among Elderly Patients;” “The relationship between Altruistic Attitudes and Dentists’ Medicaid Participation;” and “Nomenclature, Characteristics, and Dietary Intakes of Sugars.”

To see the full citations, go to **Recent Publications** on page 4 of this week’s newsletter.
Welcome Reception for Dr. Brad A. Amendt
Associate Dean for Research
Monday, February 2, 2015
8:00 – 9:00 AM
Dean’s Conference Room

Please stop by and welcome Dean Amendt to the leadership of our College.
Recent Publications


Lend a Hand to a Co-Worker
Due to a family member’s medical issue, Kevin Sellers, lead database administrator in Technology & Media Services, will soon exhaust his sick leave and vacation. If you would like to help Kevin by contributing vacation time, please type or copy/paste into your browser: http://hr.uiowa.edu/files/hr.uiowa.edu/files/famcont.pdf.

Please send the completed form to Julie Kasparek, UI Benefits, 120-40 USB. Any contributions of one hour or more on Kevin’s behalf will truly be appreciated.

Buy a Reusable Herky’s Tumbler!
The Herky reusable 24 oz. tumbler is on sale again at the Filling Station for $6.00. This is a deal – your first soft drink purchase is free and ALL refills are just $1.00.

By the time you purchase your fourth soft drink refill (a 16-oz. cup of fountain drink is now $1.50), the tumbler will be paid for!

This tumbler doesn’t sweat on your stuff and it keeps beverages MUCH colder than disposable or plastic cups. It fits right into backpack drink holders and is easy to clean.

Convenient soda refill locations include the IMU River Room and the Filling Station. Discounted smoothie refills are available at the Clinton St. Market, and discounted tropical smoothie refills are available at the Campus Recreation and Wellness Center.

Reduce plastic bottles and paper cups at the landfill – buy a Herky tumbler today!

Condolences to Melanie Forbes
The College of Dentistry & Dental Clinics would like to extend condolences to Filling Station manager, Melanie Forbes, whose father passed away recently.

RecycleMania Returns!
On Monday, February 9, from 9-11 a.m., RecycleMania staff will set up a table near the Filling Station to promote recycling on campus and hand out reusable mugs, tote bags and other items, as well as also take pictures of students being sustainable. Last year we had great results, but this year we would like to move up in the standings!
Our keynote speaker will be Dr. Anthony Brennan, Margaret A. Ross Endowed Professor of Materials Science & Engineering at the University of Florida College of Dentistry, Gainesville, Fla.

Professor Brennan’s research interests include the design, fabrication and characterization of tissue constructs with an emphasis on biointerfaces, which mimic natural biosurfaces.

Dr. Brennan has published over 100 refereed articles, book chapters and abstracts. He is also an inventor and co-investor on six U.S. patents.
Hardin Open Workshops

February 2015:
EndNote Desktop
PubMed
APA Style
Systematic Reviews: Nuts and Bolts
EndNote Basic
Systematic Reviews: Lit Searching
Patents
Keeping Current

Feb. 4, 9am
Feb. 5, 2pm
Feb. 10, 1pm
Feb. 12, 9am
Feb. 17, 10am
Feb. 19, 9am
Feb. 24, 11am
Feb. 25, 10am

Free and open to all! Descriptions and registration available at www.lib.uiowa.edu/hardin/workshop
Happy New Year!

It's Time for You to Get Involved!
If you’ve enjoyed the year’s festivities and are ready to get involved, we are looking for new members to join the College of Dentistry Staff Development Committee!

Members serve a two-year term starting January 1, 2015. (however, due to the 2014 holiday schedule and renovations/moving within the college, new members will start Feb. 1, 2015)

Staff Development Committee is responsible for:
- Providing personal & professional development opportunities
- Showing appreciation to staff members by planning special events
- Boosting morale throughout the college
- Promoting camaraderie & interdepartmental mingling
- Making the College of Dentistry a preferred employer

Members of the committee commit to:
- Attend monthly meetings (day and time to be determined based on availability) and additional planned meetings if needed
- Plan and carry out tasks necessary to implement successful events

Member Benefits include:
- Meeting and getting to know people from other departments
- Contributing ideas for staff development events & opportunities
- Involvement in the College’s shared governance process

Having Fun!

If you are interested in joining the committee, please discuss your interest with your immediate supervisor. Time commitment is for one one-hour meeting per month, Staff Retreat Day (shifts can vary in length), and two hours for set up, event, and tear-down on event dates.

Contact Keeley Carter (keeley-carter@uiowa.edu)

Please respond with your interest by January 16th. We're looking forward to a great 2015!

-Staff Development
Hawkeye Kids Camp
March 16-20, 2015

Hawkeye Kids Camp is a spring break day camp open to school age (5 years -12 years) children of UI faculty, staff and students. Little Angels Learning Center will be staffing and operating Hawkeye Kids Camp. Please note: (5 year olds must be in kindergarten.)

- Hawkeye Kids Camp will be held at the UI Field House
- Drop off for camp is no earlier than 7:30 a.m. and pick up is no later than 5:30 p.m.
- Camp activities may include, but are not limited to: board games, arts & crafts, basketball, soccer, badminton, scavenger hunts, obstacle courses and talent shows among other fun activities!

SCHOLARSHIPS
Scholarships are available to University of Iowa faculty, staff and students who qualify.

Eligibility for a reduced camp fee includes:
- Parent is either at least a half-time employee or a half-time student at the University of Iowa.
- Family’s annual gross household income meets criteria and the child is/children are eligible and will attend Hawkeye Kids Camp or one of the UI Wildlife camps during spring break.

A family can receive up to two (2) scholarships for two enrolled children. If you have questions, please contact Nicole Studt at 319-335-1371 or familyservices@uiowa.edu

REGISTRATION
Camp is limited to 40 campers and filled on a first come first serve basis. When all camp slots are taken, a waiting list will be established. As space becomes available, those on the waiting list will be notified.

- To register your child for Hawkeye Kids Camp:
- Complete the registration and scholarship form http://hr.uiowa.edu/family-services/hawkeye-kids-camp
- All camp registration and scholarship forms must be received no later than close of business (5:30 p.m.) Monday, March 9, 2015.

CAMP FEE
The camp fee is $200.00 and includes supervision, materials, activites, snacks and lunch on Friday. Cash and checks are acceptable forms of payment. Checks can be made out to “Little Angels Learning Center.” If your child is unable to attend the entire week of camp, no reduced rate is available.

Nicole Studt
Manager, UI Family Services
121 W. Prentiss St. University Services Building, Suite 50
Iowa City, IA 52242

The Family Services Office
A Unit of Organizational Effectiveness
University of Iowa Human Resources
7th Annual UI Health Sciences and Engineering

Women Faculty Career Development Conference

Confidence - Learning Strategies to Achieve Success

Friday, February 13, 2015
All Day Event | Holiday Inn and Conference Center in Coralville

Register or Send Questions To: jane.holland@uiowa.edu

Sponsored by the University of Iowa Colleges of Dentistry, Engineering, Medicine, Nursing, Pharmacy and Public Health
Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Office of Faculty Affairs and Development in advance at (319) 335-9103.

Provided by:
University of Iowa Roy J. and Lucille A. Carver College of Medicine, Office of Cultural Affairs & Diversity initiatives
For additional information call 319/335-8599 or visit us at www.medicine.uiowa.edu/cme

Culturally Responsive Health Care in Iowa 2015

Save the Date
Friday, June 5, 2015

Sheraton Iowa City Hotel
210 S. Dubuque Street
Iowa City, Iowa

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
Greetings and salutations from Professor KW Therm!

Today’s energy tip is about using **programmable thermostats** to reduce energy consumption at home.

**So what is a programmable thermostat?**
A programmable thermostat (PT) is simply a home thermostat combined with an electronic clock and replaces your standard home thermostat. Once you program it, it will automatically set the temperature according to your day of week and time of day preferences. You can set it to lower the temperature when no one is around and when you are sleeping (to save energy) and automatically return the space temperature to the “comfortable” setting before you return and before you wake up.

**How does a programmable thermostat reduce energy consumption?**
According to the U.S. Department of Energy, you can easily save energy in the winter by setting the thermostat to 68°F while you’re awake and setting it lower while you’re asleep or away from home. By turning your thermostat back 10° to 15° for 8 hours, you can save 5% to 15% a year on your heating bill -- a savings of as much as 1% for each degree if the setback period is eight hours long!

**My furnace and air conditioner seem to “work harder” than normal to bring the space temperature back into the “comfortable” range resulting in little or no savings. Is this true?**
No. Your heating and cooling systems only seem to work harder because you are home and you notice they are “on”. The total amount of time they are “on” recovering from setback, is much less than the total amount of time they would be “on” if you kept your home comfortable all of the time with no setback.

**Do utility companies provide rebates if I purchase and install a PT?**
Most utility companies do provide rebates for PTs. If you thinking about purchasing and installing one, please contact your local utility company to confirm whether or not rebates are available.

**Find out more!**
If you are craving additional information (and I’m sure you are), please check out these websites:

“**Tips: Programmable Thermostats** (U.S. Department of Energy):
http://energy.gov/energysaver/articles/tips-programmable-thermostats